

Thursday, March 8th, 10:00 - 11:15

Women in Bodybuilding

Judy Ingerman

Auditorium (A103)

Judy Ingerman, a Humanities teacher at Vanier College, competed in the Championnat Provincial Association des Physique Québécois Naturel. Judy spent nine months preparing for the July 2011 event. She will discuss women and bodybuilding as well as her own experience in the competition.

Thursday, March 8th, 11:30 – 12:45

Boxing for Survivors of Violence?

Savoy Howe

Auditorium (A103)

The Toronto Newsgirls Boxing Club is Canada's only all-female and trans positive boxing club, founded by Savoy Howe in 1996. Alongside recreational and amateur competitive boxing programs, the club runs the "Shape Your Life" program, for women and trans people who self-identify as survivors of violence. Exploring healthy aggression in a safe and empowering fitness environment helps participants build confidence, utilize their strength and contribute to building futures that are free of violence.

Savoy Howe fought and won the first sanctioned amateur bout for women organized by Toronto in 1993 and went on to become the 1995 Provincial Silver medalist, 2010 Provincial Gold medalist and 2010 National Silver medalist. She currently coaches 25 competitors. In 2010 the Newsgirls scored 6 medals at the Nationals.

Thursday, March 8th, 1:00 – 2:15

With This Ring: Behind the Scenes

Ameesha Joshi & Anna Sarkissian

Auditorium (A103)

Upcoming documentary With This Ring chronicles the lives of world champions on the Indian women's national boxing team. Despite intense pressure to hang up their gloves and marry, they leave home to train year-round in government-run camps. In 2006, they were named the best team in the world. Montreal filmmakers Anna Sarkissian and Ameesha Joshi have followed the team for the last six years – meeting families, watching training, and traveling to world championships in India, China, and Barbados. For many of these women, boxing is a rare chance to get out of their village and earn their own money for the first time. Olympic gold-medal hopeful MC Mary Kom is officially the best boxer in history, male or female, with five world championship titles under her belt. Chhoto Loura, on the other hand, is the proverbial underdog. Receiving little recognition for their international accomplishments, they are India's most exceptional women athletes and also the most underappreciated.

Thursday, March 8th, 2:30 – 3:45

"Believe, Fight, Win!" The Journey to Olympic Gold

Caroline Ouellette

Auditorium (A103)

Millions of fans waved flags and stood proud when our Canadian men's and women's hockey teams won Gold at the Vancouver 2010 Olympic Games. When the Games were over the men returned to their NHL teams and their multi-million dollar salaries, but where did the women go? Caroline Ouellette, 2002, 2006 and 2010 Olympic Gold medalist will tell us about what these elite women athletes do in the years between the Olympic Games and what it takes to win Gold! We will hear about Caroline's success as assistant captain of the Montreal Stars, the 2009 and

2011 Clarkson Cup (Stanley's sister) champions and her experience in Benin, Africa as an athlete ambassador for the Right to Play organization.

5-à-7

Thursday, March 8th, 5:00 - 7:00

Jake's Mall

Sponsored by the VCTA

The entire Vanier community (guys- you are welcome too!) will gather together to celebrate International Women's Week by enjoying hors-d'oeuvres and entertainment at our VCTA sponsored 5-à-7. Come out to join us and see which Vanier employee will be named "Woman of the Year".

Friday, March 9th

Friday, March 9th, 10:00 - 11:30

Film Screening: *Miss Representation* (90 min)

Auditorium (A103)

Like drawing back a curtain to let bright light stream in, *Miss Representation* uncovers a glaring reality we live with every day but fail to see. Written and directed by Jennifer Siebel Newsom, the film exposes how mainstream media contribute to the under-representation of women in positions of power and influence in America. The film challenges the media's limited and often disparaging portrayals of women and girls, which make it difficult for women to achieve leadership positions and for the average woman to feel powerful herself.

Friday, March 9th, 11:30 – 12:45

Panel Discussion on *Miss Representation*

Vanier College Students

Auditorium (A103)

Sponsored by the VCSA

"The average teenager spends more than 10 hours each day consuming media — more than sleeping or attending school. Media is the messenger and an increasingly powerful one. Main-stream media bombards children and adults alike with overwhelming messages that women should be beautiful and sexy, while men should be powerful and often violent. These messages limit children's ideas of what is possible in the world and can have damaging effects on their self-esteem, health, and the way they treat others." <www.missrepresentation.org/education>

Students from Vanier College will discuss the issue of representation in the media and the issues brought forward in the film *Miss Representation*.

Note: The film will be screened throughout the week and is also available through the Vanier library.

***PLEASE NOTE: SPACES ARE LIMITED.**

Teachers who plan to bring a class to these events should contact **Sherry Hergott** at hergotts@vaniercollege.qc.ca, ext. 7032

INTERNATIONAL WOMEN'S WEEK

TAKING ACTION

MARCH 5TH - 9TH

AUDITORIUM (A103)

GUEST SPEAKERS
FILM SCREENINGS

VANIER
CÉGEP / COLLEGE

**VANIER COLLEGE WOMEN'S
STUDIES PROGRAM**

International Women’s Week 2012 TAKING ACTION

Monday, March 5th

Monday, March 5th, 10:00 - 11:15
Nicaragua: ¡ Mujeres en acción !
Vanier Students International Study Group
Auditorium (A103)
Cosponsored by International Education

This past winter break, eight Vanier Students travelled to Nicaragua in order to experience rural and urban life in this country and to do research on gender issues. While living with local families, students took part in community projects, workshops and family life. Come see what they learned! This panel discussion will be accompanied by photography taken by students during the trip.

Monday, March 5th 11:30 - 12:45
Still Ragin’
Raging Grannies
Auditorium (A103)

The Raging Grannies were founded in Victoria, British Columbia by peace activists. The grannies use street theatre, humour, satire, and ‘unladylike’ and ‘un-grandmotherly’ behavior to draw attention to the vital issues of our day (climate change, sweatshop labour, sexism, water, H.I.V., asbestos etc.).

Monday, March 5th, 1:00 - 2:15
First Nations, Colonialism and Two-Spirit Identity
Diane Labelle
Auditorium (A 103)

You may know the terms ‘gay’ ‘bisexual’ and ‘transgender’ but do you know what ‘two-spirited’ means? Labelle is a Mohawk woman and LGBT activist involved in improving the lives of Two-Spirit and LGBT people. To understand the term Two-Spirit, we must return to pre-colonial times and explore First Nation people’s vision of sexual and gender identity and the historical contributions of Two-Spirited people to their societies. A critical analysis of the effects of colonialism and of residential schools is necessary, so that we may arrive at an understanding of how the role of First Nation women and of Two-Spirited people has been so altered in the last century. Ms. Labelle will conclude by discussing how today, First Nations people are reclaiming Two-Spirit identities and connect her discussion to the LGBT movement.

Monday, March 5th 2:30 - 3:15
Drug-Facilitated Sexual Assault:Drugs, Myths, Effects and More
Victoria Della Cioppa and Leticia Yansen
Auditorium (A 103)
Co-Sponsored by Vanier College Student Services

You’ve all been told to watch your drink when at a party, but do you really know why? Leticia Yansen (C.C.C., BSc, MEd.), a counsellor at Vanier College will cover the important definitions regarding the issue of date-rape. In addition, the common myths and gender norms that are perpetuated in complex social interactions will be dispelled as they can often lead to victim blaming, a phenomenon that discourages victims from receiving help. Moreover, Victoria Della Cioppa, a McGill University psychology student who is volunteering with the counselling staff will explain the common drugs used and their effect in order to assist in the detection and prevention of non-consensual intercourse.

Finally, the literature on at-risk populations, and prevention methods will be explored.

Monday, March 5th, 4:00 - 5:30
Film Screening: *Miss Representation* (90 min)
Auditorium (A103)

Like drawing back a curtain to let bright light stream in, Miss Representation uncovers a glaring reality we live with every day but fail to see. Written and directed by Jennifer Siebel Newsom, the film exposes how mainstream media contribute to the underrepresentation of women in positions of power and influence in America. The film challenges the media’s limited and often disparaging portrayals of women and girls, which make it difficult for women to achieve leadership positions and for the average woman to feel powerful herself.

TUESDAY, March 6th

Tuesday, March 6th, 10:00 – 11:15
Under my Umbrella
Presenter: U.M.B.R.E.L.L.A.
Auditorium (A103)
Co-sponsored by UMBRELLA and ODN

Did you know that Vanier has a student LGBT group called U.M.B.R.E.L.L.A.? This group meets regularly at UB and provides community for lesbian, gay, bisexual and transgender students at the college. They also are involved in promoting campaigns in the college that draw attention to LGBT status and rights in Canada and abroad. A panel of U.M.B.R.E.L.L.A. members will discuss their experiences and attitudes as lesbian, gay, bisexual and transgender college students. Come see what they have to teach us about sexual orientation and gender identity from the point of view of a college student.

Tuesday, March 6th, 11:30 -12:45
What’s a Nice Girl Like me Doing in Media?
Sonali Karnik
Auditorium (A103)

Sonali Karnick is the host of All In A Weekend on CBC Radio One on Saturdays and Sundays from 6:00am-9:00am, broadcast across Quebec. She has spent the last few years covering sports for CBC Radio and Television. Sonali has traveled across the country and around the world for events such as the Grey Cup, the Stanley Cup playoffs, the Women’s World Cup of Soccer, the Memorial Cup and the Clarkson Cup. She has interviewed incredible Canadian athletes in that time including Olympic gold medalists Caroline Ouellette, Tessa Bonhomme, Kim St-Pierre, Jennifer Heil and Alexandre Bilodeau, Grey Cup winning quarterback Anthony Calvillo, and Paralympic gold medalists Chantal Petitclerc and Benoit Huot. Of course, much of her sports coverage has been on the Montreal Canadiens and the NHL.

Tuesday, March 6th, 1:00 - 2:15
Beast of Beauty: Toxic Ingredients in Cosmetics
Breast Cancer Action Montreal (BCAM)
Auditorium (A103)

Cosmetics and personal care products are an often over looked source of exposure to toxic chemicals and their regulations are currently inadequate in protecting public health from what can result in chronic illness from prolonged exposure. This workshop examines our increasing exposure to carcinogenic chemicals, mutagens and chemicals that can disrupt the endocrine system and are linked to the increasing incidence of breast cancer.

Tuesday, March 6th, 2:30 - 3:30
Film Screening: *100% Woman* (59 min)
Auditorium (A103)

From her first day of competition, Canadian downhill mountain bike champion Michelle Dumaresq has been shaking up the world of sports. In 2002, Dumaresq became the first openly transgendered woman in the world to be named to a national team in any sport. Combining verité scenes, interviews, home movies and dynamic footage of some of the best mountain bikers in the world, we follow Michelle from her first local race, to the World Championships, all under the scrutiny of the media and fellow competitors.

Tuesday, March 6th, 4:00 – 5:52
Film Screening: *Bend it Like Beckham* (1h 52)
Auditorium (A103)

An independent teen discovers the joys of soccer, much to her family’s chagrin, in this upbeat comedy that crosses generations and cultures. Jess Bhamra is a British-born young woman of Indian heritage. Jess’ parents want her to become serious about her future, to go to law school, learn to cook a traditional Indian dinner, settle down and marry. However, her family is unaware that Jess plays with a local semi-pro women’s team, and dreams of winning a university soccer scholarship.

WEDNESDAY, March 7th

Wednesday March 7th, 8:30 – 9:45
La Voix d’une Écrivaine Migrante: *Miroirs et Mirages*
Monia Mazigh
Auditorium (A103)

Le roman de Monia Mazigh met en scène des femmes immigrantes venues d’Afrique du Nord, du Moyen-Orient et d’Asie avec leur culture, leurs espoirs, leurs différences et leur religion musulmane. Ce sont des mères gardiennes des us et coutumes, qui souhaitent pour leurs filles une émancipation dans le respect des valeurs de l’islam, mais en faisant aussi leurs, la modernité de l’Occident et toutes ses opportunités de bonheur. Ce sont des filles qui étudient à l’Université, spontanées, ouvertes d’esprit, qui se questionnent sur la façon de vivre leur foi dans cet Ottawa des tentations. De prime abord, les relations sont tendues entre les générations, la sacrifiée qui vit par procuration et la dépositaire d’un héritage fait de croyances et de découvertes qui remet tout en question. Il est difficile pour ces femmes de s’adapter, mais elles trouvent des complices et des amies. Leur vie leur semble alors moins cloisonnée et la lumière naît de ces échanges. Leurs destinées s’entrecroisent multipliant à l’infini les facettes de l’immigrante musulmane. Elle n’est plus seulement un voile, un niqab ou un accent qui chante, mais elle devient, sous la plume d’expérience de Monia Mazigh, un être humain doué de sensibilité et de majesté.

Wednesday, March 7th, 10:00-11:15
The ‘F’ word -- Feminism
South Asian Youth (South Asian Women’s Community Centre)
Auditorium (A103)

This talk will describe the use of computer-based “games” for An inter-generational presentation by Montreal’s South Asian Women’s Community Centre (SAWCC). Dolores Chew, a founding member of the 30 year old Montreal organization and members of SAY (South Asian Youth), the youth committee of SAWCC, will share perspectives, experiences and views about the urgency and need to reinstate feminism in our lives.

Wednesday, March 7th, 12:00 - 1:15 (Universal Break)
Civil Liberties vs. National Security:
A Woman’s Struggle for Justice
Monia Mazigh
Location: Auditorium (A103)

Dr. Mazigh was catapulted onto the public stage in 2002 when her husband Maher Arar, was deported to Syria where he was tortured and held without charge for over a year. During that time, Dr. Mazigh campaigned vigorously for her husband’s release and later fought to re-establish his reputation and seek reparations. In January 2007, after a lengthy inquiry, her husband finally received an apology from the Canadian government and was offered compensation for the terrible ordeal his family suffered. In her talk, Dr. Mazigh will discuss her husband’s case and explain what it has to teach us about human rights in the world and in Canada today. Dr. Mazigh holds a Ph.D. in finance, ran for the NDP in recent federal elections, and authored Hope and Despair,which documents her husband’s ordeal and her campaign to clear his name.

Wednesday, March 7th, 1:30 - 2:45
Last Woman Standing: Behind the Scenes / Women’s Boxing in the Olympics
Juliet Lammers and Lorraine Price
Auditorium (A103)

World champion Canadian boxers and former friends Ariane Fortin and Mary Spencer, are being forced by limited weight categories to fight each other for a chance to win gold in the 2012 Olympics in London. First-time directors, Juliet Lammers and Lorraine Price, are currently in production of Last Woman Standing, a documentary that tells the story of the two boxers as they adjust to their new relationship as competitors, training for the Olympics. They will discuss women’s boxing as a first-time Olympic event and the challenges of making the film.

Wednesday, March 7th, 3:30 – 5:16
Film Screening: *Girlfight* (1h 46)
Auditorium (A103)

Girlfight is a fresh, triumphant story of a young woman in the Bronx who discovers her love of the boxing ring. Diana Guzman is always fighting, whether at home or at high school, but she finds a new outlet for her anger at the boxing gym. With hard-core training from a veteran boxing coach in a male-dominated sport, Diana learns she has the guts and talent to be a contender.

THURSDAY, March 8th

Thursday, March 8th, 8:30 - 9:30
Film Screening: *100% Woman* (59 min)
Auditorium (A103)

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