

Influenza A (H1N1) Virus Information

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What do I do if I get sick IN the college?

- If you have a cough AND a possible fever (of 38°C or higher)
 - ▶ **Go to Health Services in C203.**
 - ▶ **Tell the receptionist your symptoms.**
 - ▶ **Follow the instructions you receive.**
- If you have a cough, AND a possible fever (of 38°C or higher), **AND you are pregnant**
 - ▶ **Call your doctor immediately and follow the recommendations.**

Remember to report medical absences to info@vaniercollege.qc.ca or 514-380-8128

What do I do if I get sick AWAY from the college?

- If you are sick with a cough, take your temperature.
- If you have a cough AND a fever (of 38°C or higher)
 - ▶ **STAY HOME and telephone Info-Santé at 811 or your physician and follow their recommendations.**
- If you have a cough, AND a fever (of 38°C or higher), AND you are pregnant
 - ▶ **STAY HOME, call your doctor immediately and follow the recommendations**

Remember to report medical absences to info@vaniercollege.qc.ca or 514-380-8128